

## Snacks & Drinks

Homemade Fresh Muffins \$1.50  
Large Homemade Fresh muffins \$3

Popcorn \$1 **CF**

Noodles \$1.50

Trail mix \$1.50

Pretzels \$1.50

Red Rock Chips \$2.50 - \$4 **CF**

Quelch Stick \$1

Juicee Tube \$1.50

Ice Mony \$1.50

Paddle Pop or Moosie \$2.50

Juice Poppers \$2

Large Juice \$3.50

Water 600ml \$2

Oak Flavoured Milk \$3

Large Oak Flavoured Milk \$4.50

Diet Soft Drink \$3

Sports Drink \$4.50

Iced Tea \$4.50

Up N Go \$3

LOOK OUT FOR OUR SPECIALS  
OF THE DAY!

Order Online at  
QuickCliq

SALADS AND FRESH SUBS MADE  
TO ORDER



## Lunch Packs Combos

**Pack 1:** Any Pizza + Garlic bread + Water \$7

**Pack 2:** Any Large Homemade Pasta + Water \$8

**Pack 3:** Salad Wrap + Water + Yoghurt Cup \$8

**Pack 4:** Hot Food Bowl (special of the day) + Water \$8

**Pack 5:** Any Burger + Water \$7



Fresh Start Canteens

## Breaky and Healthy Snacks

Hash Brown \$1.50  
Hot Chocolate \$2.50  
Egg n Bacon Roll \$4  
Toasted sandwich from \$2.50  
Assorted seasonal fruit from from \$1.50  
Fruit Salad Cup \$2.50  
Fruit Salad Bowl \$4  
Vanilla Yoghurt Cup \$2.50  
Yoghurt & Muesli Pot \$5  
Ham & Cheese Croissant \$4

## Fresh Salads

### Garden Salad

(Lettuce, Tomato, Carrot, Cucumber)  
Regular \$3.50 w/ Meat \$5  
Large \$5 w/Meat \$7

### Caesar Salad

(Lettuce, Ham, Croutons, Cheese and Dressing)

### Baby Spinach Salad

(Baby Spinach, Tomatoes, Olives, Cucumber, Cheese)

### Vegetarian Salad

(Mixed Lettuce, Tomato, Onion, Cucumber, Corn, Drizzle of Vinaigrette)

### Pasta Salad

(Pasta, Tomatoes, Cheese, Corn, Onion in a Creamy Mayonnaise base)

Regular \$4.50 w/ Meat \$6  
Large \$6 w/ Meat \$8

Add a Water for \$1

Free Dressing Choice of Italian, French or Caesar

*All salads are Gluten Free*

## Fresh Subs

### Meats Available:

Chicken Schnitzel  
Chicken Breast  
Ham  
Tuna  
Italian Meatballs  
Roast Beef

### Condiments Available:

Carrot  
Cheese  
Onion  
Tomato  
Lettuce  
Cucumber  
Olives  
Beetroot

### Dressings Available:

Caesar  
Garlic Aioli  
Ranch  
Sweet Chilli  
Tomato  
BBQ  
Mayo  
Mustard

Build your own sub, Includes: 1 choice of meat and any condiments or dressings!  
**\$7.50**

Extra Meat is \$2 per serve

Add a Water for \$1

## Fresh Sandwiches and Wraps

Cheese \$2.50  
Ham \$2.50  
Ham and Cheese \$3  
Tuna \$3  
Roast Beef \$3

Tuna, Lettuce and Mayo \$3.50  
Chicken, Lettuce & Mayo \$4  
Ham Cheese & Tomato \$4  
Salad \$4.50

Either: Ham, Chicken, Roast Beef **Or** Tuna and Salad \$5.50

Prices above are for a sandwich.

Upgrade to a Wrap for \$1.50

**Gluten Free Bread \$1 extra**

## Tasty Tempters

Sushi – Tuna or Teriyaki Chicken \$4

Homemade Sausage Roll \$3.50

Large H/M Sausage Roll \$5  
Wedges \$4

Mamee Noodle Cup \$3.50

Hot Dog \$3.50

Nuggets 6 for \$4 **CF 6 for \$4.50 CF**

Lean Meat Pie \$4.50

Potato Pie \$5.50

Lasagne \$5.00

Spaghetti Bolognese or Meatball Pasta

\$4.50 reg \$6 Large **CF**

Carbonara Pasta \$4.50 reg \$6 Large

Curried Chicken Pasta \$4.50 reg \$6 Large

Beef Burger w/Cheese \$5.50

Beef Burger w/Salad \$6.50

Chicken Fillet Burger \$5.50

Sweet Chilli Chicken wrap \$5

Roast beef N Gravy Roll \$4.50

Flame Grilled Chicken Burger \$6

Sweet Chilli Chicken & Rice \$7 **CF**

Butter Chicken & Rice \$7 **CF**

Chicken Stroganoff & Rice \$7

Cheese Pizza \$4 Ham & Cheese \$5

Pepperoni **or** Chicken Pizza \$5

Special Of the Day \$7

**Sauce portions are 50c each.**

## Choose Green in the Canteen

All products are Halal except

Pork based products.

